



NATURAL CLEANING

Made Easy Sample

Bathroom Cleaning Cheat Sheet

Fav DIY cleaning recipes for the bathroom



All Purpose Cleaner

Fill a 16 ounce spray bottle:

2 cups distilled water

2 TB liquid castile soap

or 1 tsp Sal Suds

15-20 drops essential oil of choice

Use on counters, around toilet, door handles, sink, shower, and tub.



Tub, Shower, Sink Scrub

In an amber or dark storage container with a lid combine:

1 cup baking soda

1/4 cup liquid castile soap or Sal Suds

1 tablespoon hydrogen peroxide

Apply scrub with a sponge or scrub brush to tub, shower, or sink surface. Let rest for a few minutes, then scrub the surface, and wipe clean with a damp cloth. Store sealed. Leave room for expansion at top of the jar.

All Purpose Cleaner (Vinegar)

Fill a 16 ounce spray bottle:

1 cup distilled water

1 cup white vinegar or citrus vinegar

15-20 drops essential oil of choice

Use on counters, around toilet, door handles, sink, shower, and tub (not for granite and marble).

Daily Shower Spray

Fill a 16 ounce spray bottle:

1 cup distilled water

2/3 cup high-proof vodka

2 tablespoons white vinegar

20 drops tea tree essential oil

After showering, spray on the walls of the shower and wipe clean with a towel. For a glass shower door, use a squeegee after spraying



All Purpose Bathroom Spray

Fill a 16 ounce spray bottle:

2 cups warm distilled water

1 TB baking soda

2 TB liquid castile soap

30 drops tea tree essential oil

20 drops orange essential oil

Use to clean the tub, shower, toilets, and sink.

Rinse surface with a damp cloth.



Window and Mirror Cleaner

Fill a 16 ounce spray bottle:

1/2 cup rubbing alcohol (or use 1/2 cup white vinegar)

1/3 cup white vinegar

Top the bottle off with distilled water

Alternatively, use the All Purpose Cleaner (Vinegar) for windows and Stainless Steel

Toilet, Sink, & Tub Powder

In a jar with a lid combine:

1/2 cup baking soda

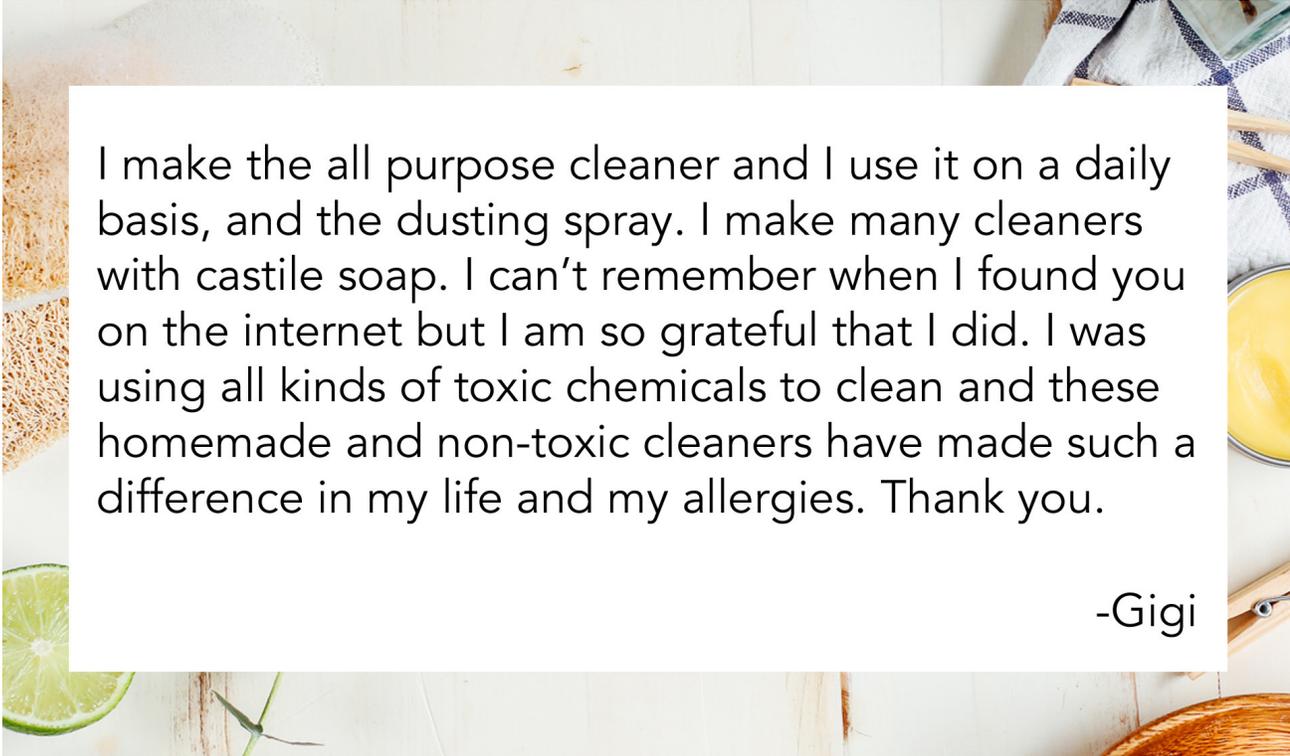
1/2 cup kosher or sea salt

1/2 cup borax

15 drops essential oil of choice (optional)

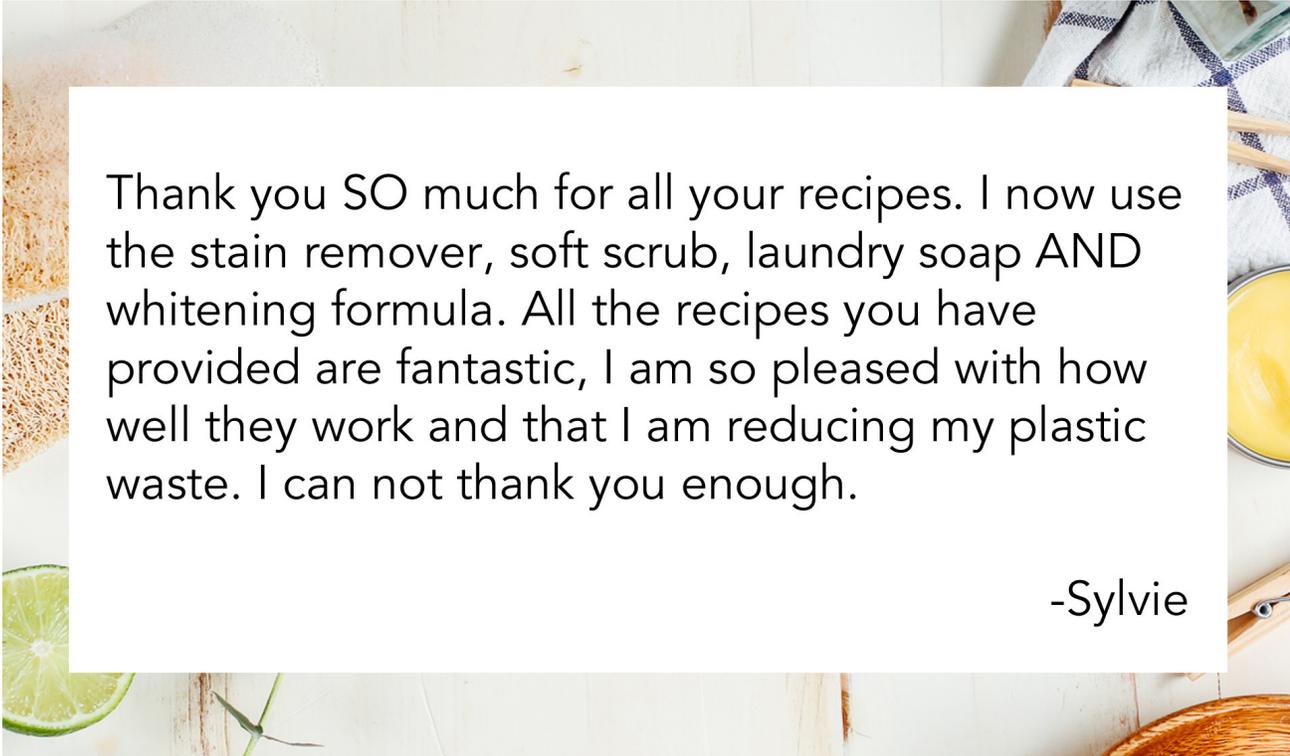
Sprinkle in the sink, tub, and/or toilet bowl, let rest for a few minutes, scrub the surface with a brush. For a tub or sink, since the surface clean with fresh water. For a toilet bowl, follow with a spray of vinegar or hydrogen peroxide to disinfect. Keep the jar sealed.





I make the all purpose cleaner and I use it on a daily basis, and the dusting spray. I make many cleaners with castile soap. I can't remember when I found you on the internet but I am so grateful that I did. I was using all kinds of toxic chemicals to clean and these homemade and non-toxic cleaners have made such a difference in my life and my allergies. Thank you.

-Gigi



Thank you SO much for all your recipes. I now use the stain remover, soft scrub, laundry soap AND whitening formula. All the recipes you have provided are fantastic, I am so pleased with how well they work and that I am reducing my plastic waste. I can not thank you enough.

-Sylvie



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