



NATURAL

CLEANING

Kitchen Recipe Guide

Kitchen Cleaners Cheat Sheet



6 DIY cleaning recipes for the kitchen



All Purpose Cleaner

Fill a 16 ounce spray bottle:

2 cups distilled water

2 TB liquid castile soap

or 1 tsp Sal Suds

15-20 drops essential oil of choice

Use on counters, around toilet, door handles, sink, shower, and tub.



1 tablespoon hydrogen peroxide

Apply scrub with a sponge or scrub brush to tub, shower, or sink surface. Let rest for a few minutes, then scrub the surface, and wipe clean with a damp cloth. Store sealed. Leave room for expansion at top of the jar.



All Purpose Cleaner (Vinegar)

Fill a 16 ounce spray bottle:

1 cup distilled water

1 cup white vinegar or citrus vinegar

15-20 drops essential oil of choice

Use on counters, around toilet, door handles, sink, shower, and tub (not for granite and marble).

Sink Scouring Powder

In a jar with a lid combine:

1/2 cup baking soda

1/2 cup kosher or sea salt

1/2 cup borax

15 drops essential oil of choice (optional)

Sprinkle the powder in the sink, let rest for a few minutes, scrub with a brush and rinse the sink clean. Keep the jar sealed.



Granite Cleaner

Fill a 16 ounce spray bottle:

1/3 cup rubbing alcohol

5 drops tea tree essential oil (optional)

Top the bottle off with distilled water and 1/2 tsp liquid castile soap.

Want to learn how to make and use natural cleaners? [Click here.](#)

Window & Stainless Steel Spray

Fill a 16 ounce spray bottle:

1/2 cup rubbing alcohol (or use 1/2 cup white vinegar)

1/3 cup white vinegar

Top the bottle off with distilled water.

Sink or Oven Scrub

In an amber or dark storage container with a lid combine:

1 cup baking soda

1/4 cup liquid castile soap or Sal Suds

